**Eliminating Self-Condemnation**

Roman 8:1-7 (NLT)

*Romans 8:6* *So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.*

1. **Condemnation comes from .**
* “…from the devil's standpoint there is not the slightest difference between being puffed up with pride in yourself or spending the whole of your time condemning yourself… Any concentration upon self in any shape or form is of the devil.” - Martyn Lloyd-Jones
1. **from punishment of failure.**
* The Holy Spirit makes us aware of our lack of holiness to stimulate us to deeper yearning and striving for holiness. But Satan will attempt to use the Holy Spirit’s work to discourage us. - Jerry Bridges
1. **God’s way leads to and .**
* If you believe in a God who controls the big things, you have to believe in a God who controls the little things. It is we, of course, to whom things look 'little' or 'big'. - Elisabeth Elliot

**Action Step**: Name the condemning messages you have believed about yourself. (Pray. Write. Share.)

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